

פרק נו - Psalm 57

א לְמַנְצֵחַ אֶל־תַּשְׁחֵת לְדָוִד מִכְתָּם בְּבָרְחוֹ מִפְּנֵי־שָׂאוּל בַּמְעָרָה:

1. To the chief Musician, al tash-het, [a Psalm] of David, a Michtam, when he fled from Saul, in the cave.

ב חֲנִנֵי אֱלֹהִים | חֲנִנֵי כִי בְּךָ חָסִיָּה נַפְשִׁי וּבַצֵּל־כַּנְּפֶיךָ אֲחִסֶּה עַד יַעֲבֹר הַוּוֹת:

2. Be gracious to me, God be gracious to me, for in You my soul has taken refuge; and in the shadow of Your wings will I take refuge until the wickedness passes by.

ג אֶקְרָא לְאֱלֹהִים עֲלִיוֹן לִקְל גֹּמֵר עָלַי:

3. I will call to God, Most High; to the Almighty Who fulfills my purpose.

ד יִשְׁלַח מִשְׁמַיִם | וַיּוֹשִׁיעֵנִי חַרְף שְׂאֵפֵי סֶלָה יִשְׁלַח אֱלֹהִים חַסְדּוֹ וְאֱמֹתּוֹ:

4. He will send from heaven and deliver me from the humiliation of those who yearn to swallow me, Selah; God will send His kindness and His truth.

ה נַפְשִׁי | בְּתוֹךְ לְבָאֵם אֲשֶׁכְּבֶה לְהִטִּים בְּנֵי־אָדָם שְׁנִיָּהֶם חֲנִית וְחַצִּים וְלִשְׁוֹנִם חֶרֶב חֲדָה:

5. My soul is among lions, I lie beside those who are aflame; sons of man whose teeth are spears and arrows, and their tongue is a sharp sword.

ו רִוְמָה עַל־הַשָּׁמַיִם אֱלֹהִים עַל כָּל־הָאָרֶץ כְּבוֹדְךָ:

6. Be exalted above the heavens, God, above all the earth be Your glory.

ז רָשֶׁת | הִכִּינוּ לַפְעֵמָה כַּפֵּךְ נַפְשִׁי כָרוּ לְפָנַי שִׁיחָה נָפְלוּ בְּתוֹכָהּ סֶלָה:

7. A net have prepared for my feet, my soul they bent down, they have dug a pit before me, they have fallen into it, Selah.

ח נִכּוֹן לִבִּי אֱלֹקִים נִכּוֹן לִבִּי אֲשִׁירָה וְאֶזְמְרָה:

8. My heart is steadfast, God, my heart my heart is steadfast; I will sing and chant praises.

ט עֹרָה כְּבוֹדִי עֹרָה הַנֶּבֶל וְכִנּוֹר אֶעֱיָרָה שָׁחַר:

9. Awake my soul, awake lyre and harp, I will awaken the dawn.

י אֹדֶךָ בְּעַמִּים | אֲדַנְּי אֶזְמְרֶךָ בְּלִ-אֲמִים:

10. I will thank You among peoples, my Master, I will sing praises to You among nations.

יא כִּי-גָדֹל עַד-שָׁמַיִם חֶסֶדְךָ וְעַד-שָׁחֲקִים אֱמַתְךָ:

11. For great until the heavens is Your kindness, and until the clouds is Your truth.

יב רִוְמָה עַל-שָׁמַיִם אֱלֹקִים עַל כָּל-הָאָרֶץ כְּבוֹדְךָ:

12. Be exalted above the heavens, God, above all the earth be Your glory.