

פרק לו - Psalm 37

א לְדָוִד | אֶל־תִּתְחַר בְּמַרְעִים אֶל־תִּקְנֵא בְּעֹשֵׂי עוֹלָה:

1. [A Psalm] of David. Grieve not over [the success of] evildoers, nor envy wrongdoers.

ב כִּי כַחֲצִיר מִהֲרָה יִמְלֹו וְכִי־רֶק דָּשָׂא יִבּוֹלוּ:

2. For like grass they will soon be cut, and as the green herb, they will fade.

ג בְּטַח בְּד' וַעֲשֵׂה־טוֹב שְׁכֹן־אֶרֶץ וִרְעֵה אֱמוּנָה:

3. Trust in Adoniye and do good; [that you may] dwell in the land and be nourished by [your] faith.

ד וְהִתְעַנֵּג עַל־ד' וַיִּתֵּן־לְךָ מִשְׁאֵלֶת לִבְךָ:

4. And take delight in Adoniye, and He will give you the desire of your heart.

ה גּוֹל עַל־ד' דְּרָכְךָ וּבְטַח עָלָיו וְהוּא יַעֲשֶׂה:

5. Commit to Adoniye your path; and trust in Him and He will do [for you].

ו וְהוֹצִיא כְּאוֹר צְדָקָךָ וּמִשְׁפָּטְךָ כְּצַהֲרִים:

6. And He will bring forth as the light, your righteousness, and your judgment as the noonday.

ז דּוֹם לְד' וְהִתְחוֹלֵל לוֹ אֶל־תִּתְחַר בְּמַצְלִיחַ דְּרָכּוֹ בְּאִישׁ עֹשֶׂה מְזֻמוֹת:

7. Be silent before Adoniye and hope unto Him; grieve not over him who prospers in his way, of the man who devises evil plans.

ח הָרַף מֵאַף וְעִזַּב חֲמָה אֶל־תִּתְחַר אֶדְ-לְהָרַע:

8. Cease from anger and forsake wrath, do not grieve, for it brings only harm.

ט כִּי־מֵרַעִים יִכְרֹתוּן וְקוֹי ד' הָמָה יִירְשׁוּ־אֶרֶץ:

9. For evildoers will be cut off; but those who hope to Adoniye, they will inherit the land.

י וְעוֹד מֵעַט וְאִין רָשָׁע וְהִתְבּוֹנַנְתָּ עַל־מְקוֹמוֹ וְאִינְנוּ:

10. [Wait] only a little while, and the wicked will be no more; and you will look closely at his place and he will be gone.

יא וְעַנְוִים יִירְשׁוּ־אֶרֶץ וְהִתְעַנְּגוּ עַל־רֵב שְׁלוֹם:

11. And the humble will inherit the land, and they will delight themselves in the abundance of peace.

יב זִמַּם רָשָׁע לְצַדִּיק וְחָרַק עָלָיו שִׁנָּיו:

12. wicked plots against the righteous and gnashes at him [with] his teeth.

יג אֲדַנְיִי יִשְׁחַק־לוֹ כִּי־רָאָה כִּי־בָא יוֹמוֹ:

13. My Master laughs at him for He sees that his day is coming.

יד חָרַב | פָּתְחוּ רַשְׁעִים וְדַרְכוֹ קִשְׁתָּם לְהַפִּיל עָנִי וְאֶבְיוֹן לְטְבוֹת יִשְׂרָאֵל דְרָד:

14. The wicked have drawn out the sword and bent their bow, to cast down the poor and the needy, to slaughter those who walk upright in the path.

טו חֲרָבִים תִּבּוֹא בְּלִבָּם וְקִשְׁתוֹתֵם תִּשְׁבְּרֶנָּה:

15. Their sword will enter into their own heart, and their bows will be broken.

טז טוֹב מְעַט לְצַדִּיק מִהֶמוֹן רְשָׁעִים רַבִּים:

16. Better the few with [who help] the righteous, than the multitude of many wicked.

יז כִּי זְרוּעוֹת רְשָׁעִים תִּשְׁבְּרֶנָּה וְסוּמְךָ צַדִּיקִים ד':

17. For the arms of the wicked will be broken, but the support of the righteous is Adoniye.

יח יוֹדֵעַ ד' יְמֵי תְּמִימִם וְנַחֲלָתָם לְעוֹלָם תְּהִיָּה:

18. Adoniye knows the days of the wholehearted and their inheritance will be forever.

יט לֹא יִבְשׁוּ בַּעַת רָעָה וּבְיָמֵי רָעָבוֹן יִשְׂבְּעוּ:

19. They will not be ashamed in the time of evil, and in the days of famine they will be satisfied.

כ כִּי רְשָׁעִים | יֵאָבְדוּ וְאֹיְבֵי ד' כִּי־קָר פָּרִים כָּלוּ בְּעָשָׁן כָּלוּ:

20. For the wicked will perish, and the enemies of Adoniye will be like the fat of rams, consumed, in smoke they are consumed.

כא לֹוֹה רָשָׁע וְלֹא יִשְׁלַם וְצַדִּיק חֹנֵן וְנוֹתֵן:

21. The wicked borrows and does not repay, but the righteous person is gracious and gives.

כב כִּי מְבֹרָכִיו יִירָשׁוּ אֶרֶץ וּמְקַלְלָיו יִכָּרְתוּ:

22. For those blessed by Him will inherit the land, and those cursed by Him will be cut off.

כג מִד' מַצְעָדֵי גֵבֶר כּוֹנְנֵוּ וְדַרְכּוֹ יִחַפֵּץ:

23. It is from Adoniye that a man's footsteps are established, and it is his path that He desires.

כד כִּי יִפֹּל לֹא יוֹטֵל כִּי ד' סוֹמֵךְ יָדוֹ:

24. Though he falls he will not remain cast down, for Adoniye supports his hand.

כה נָעַר | הֵייתִי גַם זָקֵנָתִי וְלֹא רָאִיתִי צַדִּיק נֶעְזֵב וְזָרְעוֹ מִבְּקֶשׁ לֶחֶם:

25. I was young and I have grown old, yet I have never seen a righteous man forsaken, nor his children begging for bread.

כו כָּל הַיּוֹם חוֹנֵן וּמְלוּן וְזָרְעוֹ לְבִרְכָה:

26. All day long he is gracious and lends, and his seed is blessed.

כז סוּר מֵרַע וַעֲשֵׂה טוֹב וּשְׁכֵן לְעוֹלָם:

27. Turn away from evil and do good; and dwell [in security] forever.

כח כִּי ד' | אֲהַב מִשְׁפָּט וְלֹא יַעֲזֹב אֶת חֲסִידָיו לְעוֹלָם נִשְׁמְרוּ וְזָרַע רְשָׁעִים
נִכְרָת:

28. For Adoniye loves justice and will not forsake His devoted ones; they will forever be preserved, but the seed of the wicked will be cut off.

כט צַדִּיקִים יִירָשׁוּ אֶרֶץ וַיִּשְׁכְּנוּ לְעַד עָלֶיהָ:

29. The righteous will inherit the land and dwell forever upon it.

ל פִּי־צַדִּיק יִהְיֶה חֲכָמָה וְלִשׁוֹנוֹ תִּדְבַר מִשְׁפָּט:

30. The mouth of the righteous utters wisdom, and his tongue speaks justice.

לֹא תוֹרַת אֱלֹהֵינוּ בְּלִבּוֹ לֹא תִמְעַד אֲשֶׁרֵינוּ:

31. The Torah of his God is in his heart, his footsteps will not stumble.

לִב צוֹפֵה רָשָׁע לְצַדִּיק וּמִבְקֵשׁ לְהַמִּיתוֹ:

32. The wicked watches for the righteous and seeks to slay him.

לִגְדִ' לֹא־יַעֲזֹבֵנוּ בִּידּוֹ וְלֹא יִרְשִׁיעֵנוּ בְּהַשְׁפָּטוֹ:

33. Adoniye will not leave him in his hand, nor will He condemn him when he is judged.

לֹד קוֹה אֶל־דִּי | וּשְׁמֹר דְרָכּוֹ וּיְרוֹמְמֵךְ לְרֵשֶׁת אָרֶץ בְּהַפְרַת רְשָׁעִים תִּרְאֶה:

34. Hope to Adoniye and preserve His way, and He will exalt you to inherit the land; when the wicked are cut off, you will see.

לֹה רָאִיתִי רָשָׁע עָרִיץ וּמִתְעַרֵּה כְּאִזְרַח רֵעֵנוּ:

35. I have seen the wicked tyrant, strong, well-rooted like an evergreen tree in its native soil.

לוֹ וַיַּעֲבֹר וְהִנֵּה אֵינְנוּ וְאִבְקָשׁוֹ וְלֹא נִמְצָא:

36. And he passed by and behold, he was no more; and I sought him, but he could not be found.

לֹז שְׁמֵרְתֶם וּרְאֵה יֵשֶׁר כִּי־אַחֲרֵית לְאִישׁ שְׁלוֹם:

37. Observe the wholehearted and look upon the upright, for there is a future for the man of peace.

לֶח וּפְשָׁעִים נִשְׁמָדוּ יַחְדָּו אַחֲרֵית רְשָׁעִים נִכְרְתָה:

38. But transgressors will be destroyed together, the future of the wicked will be cut off.

לֹט וּתְשׁוּעַת צְדִיקִים מִד' מְעוֹזִים בְּעַת צָרָה:

39. But the deliverance of the righteous is from Adoniye, their strength in time of trouble.

מ וַיַּעֲזֶרֶם ד' וַיִּפְּלְטֵם יִפְּלְטֵם מִרְשָׁעִים וַיּוֹשִׁיעֵם כִּי חָסוּ בּוֹ:

40. And Adoniye helped them and rescued them; He will rescue them from the wicked and deliver them, because they have taken refuge in Him.