

פרק מו - Psalm 46

א לְמִנְצַחַ לְבְנֵי־קֹרַח עַל־עֲלָמוֹת שִׁיר:

1. To the chief Musician, [a Psalm] of the sons of Korah, upon Alamot, a song.

La'menase'ah li'bneh Korah al alamot shir.

ב אֱלֹהִים לָנוּ מַחְסֵה וְעֹז עֲזָרָה בְּצָרוֹת נִמְצָא מֵאֵד:

2. God is our refuge and strength, a help in times of trouble, He is most accessible.

Elohim lanu mahase va'oz ezra be'sarot nimsa me'od.

ג עַל־כֵּן לֹא־נִירָא בְּהַמִּיר אֶרֶץ וּבְמוֹט הָרִים בְּלֵב יַמִּים:

3. Therefore we will not fear when He transforms the earth, when mountains are hurled into the midst of the sea.

Al ken lo nira be'hamir aretz u'b'mot harim be'leb yamim.

ד יְהֵמוּ יַחְמְרוּ מִימֵיו יִרְעֶשׂוּ הָרִים בְּגִאֲוַתוֹ סֵלָה:

4. Though its waters roar and foam, and though mountains shake before His glory, Selah.

Yehemu yehmeru memav yir'ashu harim be'ga'avato sela.

ה נְהַר פִּלְגֵיו יִשְׂמְחוּ עִיר־אֱלֹהִים קֹדֶשׁ מִשְׁכְּנֵי עֲלִיוֹן:

5. There is a river---it streams will make the City of God rejoice, the holiest of the dwelling places of the Most High.

Nahar pelagav yesamehu ir Elohim kedosh mishkeneh elyon.

ו אֱלֹקִים בְּקִרְבָּהּ בַּל־תִּמּוֹט יַעֲזְרֶהָ אֱלֹקִים לַפְּנוֹת בֹּקֶר:

6. God is in its midst, it will not be moved, God will help it at the approach of morning.

Elohim be'kirbah bal timot yazreha Elohim lifnot boker.

ז הָמוּ גוֹיִם מָטוּ מַמְלָכוֹת נָתַן בְּקוֹלוֹ תָמוּג אֶרֶץ:

7. Nations roared, kingdoms were moved, He uttered His voice, the earth melted.

Hamu goyim matu mamlachot natan be'kolo tamug aretz.

ח ד' צָב־אֲוֹת עִמָּנוּ מִשְׁגֵּב־לָנוּ אֱלֹקֵי יַעֲקֹב סֵלָה:

8. Adoniye of Hosts is with us, a stronghold for us is the God of Jacob, Selah.

Adonai Seba'ot imanu misgab lanu Eloheh Ya'akob sela.

ט לְכוּ־חִזּוּ מַפְעָלוֹת ד' אֲשֶׁר־שָׂם שְׁמוֹת בְּאֶרֶץ:

9. Go, behold the works of Adoniye, Who has made desolations in the land.

Lechu hazu mif'alot Adonai asher sam shamot ba'aretz.

י מִשְׁבִּית מִלְחָמוֹת עַד־קָצָה הָאֶרֶץ קֶשֶׁת יִשְׁבֵּר וְקִצֵּץ חֲנִית לְעִגְלוֹת יִשְׂרָאֵל בְּאֵשׁ:

10. He causes wars to cease to the end of the earth, the bow He will break and He will cut the spear [to pieces] chariots He will burn in the fire.

Mashbit milhamot ad keseh ha'aretz keshet yeshaber ve'kisetz hanit agalot yisrof

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ba'esh.

**יֵא הָרַפּוֹ וְדַעוּ כִּי־אֲנֹכִי אֱלֹהִים בְּגוֹיִם אֲרוּם בְּאֶרֶץ:**

11. "Desist, and know that I am God, I will be exalted among the nations, I will be exalted upon the earth."

Harpu u'd'u ki anochi Elohim arum ba'goyim arum ba'aretz.

**יְבִד' ד' צָב־אוֹת עִמָּנוּ מִשְׁגָּב־לָנוּ אֱלֹהֵי יַעֲקֹב סֵלָה:**

12. Adoniye of Hosts is with us, a stronghold for us is the God of Jacob, Selah.

Adonai Seba'ot imanu misgab lanu Eloheh Ya'akob sela.