

פרק קלא - Psalm 131

א שִׁיר הַמַּעֲלוֹת לְדָוִד ד' | לֹא־גִבַּה לְבִי וְלֹא־רָמוּ עֵינַי וְלֹא־הִלַּכְתִּי | בְּגִדְלוֹת
וּבְנִפְלְאוֹת מִמֶּנִּי:

1. A Song of Ascents of David. Adoniye, my heart was not haughty nor my eyes lofty; and I did not concern myself with things too great and too wonderful for me.

Shir ha'ma'alot le'David Adonai lo gabah libi ve'lo ramu enai ve'lo hilachti bi'gdolot u'b'nifla'ot mimeni.

ב אִם־לֹא שִׁוִּיתִי | וְדוֹמַמְתִּי נַפְשִׁי כְּגַמֹּל עָלַי אִמוּ כְּגַמֹּל עָלַי נַפְשִׁי:

2. Have I not calmed and quieted my soul, like a child that is weaned from his mother, like a weaned child my soul is with me.

Im lo shiviti ve'domamti nafshi ke'gamul aleh imo ka'gamul alai nafshi.

ג יַחַל יִשְׂרָאֵל אֶל־ד' מֵעַתָּה וְעַד־עוֹלָם:

3. Wait Israel upon Adoniye, from now and forever.

Yahel Yisrael el Adonai me'ata ve'ad olam.