

פרק קכא - Psalm 121

א שִׁיר לַמַּעֲלוֹת אֲשֶׁר עֵינַי אֶל־הַהַרִים מֵאֵין יָבֵא עֲזָרִי:

1. A Song of Ascents. I will lift my eyes to the mountains: from where will my help come?

Shir la'ma'alot esa enai el he'harim me'ayin yabo ezri.

ב עֲזָרִי מֵעַם ד' עֹשֶׂה שָׁמַיִם וָאָרֶץ:

2. My help comes from Adoniye, Maker of heaven and earth.

Ezri me'im Adonai oseh shamayim va'aretz.

ג אֶל־יַתֵּן לַמּוֹט רַגְלֶךָ אֶל־יָנוּם שֹׁמְרֶךָ:

3. He will not let your foot slip, He will not slumber—your Guardian.

Al yiten la'mot raglecha al yanum shomerecha.

ד הִנֵּה לֹא יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל:

4. Behold, He does not slumber nor does He sleep—the Guardian of Israel!

Hineh lo yanum ve'lo yishan shomer Yisrael.

ה ד' שֹׁמְרֶךָ ד' צִלְךָ עַל־יָד יְמִינֶךָ:

5. Adoniye is your Guardian, Adoniye is your shelter at your right hand.

Adonai shomerecha Adonai silecha al yad yeminecha.

*Please do not discard this holy document. Please deposit in Geniza at your local synagogue.*

ו יוֹמָם הַשֶּׁמֶשׁ לֹא יִכְפֶּה וְיָרַח בַּלַּיְלָה:

6. By day the sun will not smite you, nor the moon at night.

Yomam ha'shemesh lo yakeka ve'yare'ah ba'laila.

ז ד' יִשְׁמָרְךָ מִכָּל־רָע יִשְׁמֹר אֶת־נַפְשְׁךָ:

7. Adoniye will guard you from all evil; He will preserve your soul.

Adonai yishmorcha mi'kol ra yishmor et nafshecha.

ח ד' יִשְׁמֹר־צֵאתְךָ וּבֹאֲךָ מֵעַתָּה וְעַד־עוֹלָם:

8. Adoniye will guard your going and coming, from now and forever.

Adonai yishmor setecha u'bo'echa me'ata ve'ad olam.