

פרק לד - Psalm 34

א לָדוֹד בְּשָׁנוֹתָו אֶת־טַעְמוֹ לִפְנֵי אַבְיִמֶלֶךְ וַיִּגְרָשֵׁהוּ וַיֵּלֶךְ:

1. Of David, when he acted insane in the presence of Abimelech and he [Abimelech] drove him away, and he [David] left.

ב אֲבָרְכָה אֶת־ד' בְּכָל־עֵת תְּהִלָּתוֹ בִּפְּי:

2. I will bless Adoniye at all times constantly in His praise in my mouth.

ג בַּד' תִּתְהַלֵּל נַפְשִׁי יִשְׁמְעוּ עֲנוּיִם וַיִּשְׂמְחוּ:

3. In Adoniye does my soul take pride, the humble will hear [this] and rejoice.

ד גִּדְּלוּ לַד' אֶתִּי וְנִרְוַמְמָה שְׁמוֹ יַחְדָּו:

4. Declare the greatness of Adoniye with me, and let us exalt His Name together.

ה דָּרַשְׁתִּי אֶת־ד' וַעֲנָנִי וּמִכָּל־מְגוּרֹתַי הִצִּילָנִי:

5. I sought Adoniye and He responded to me; and from all my fears He saved me.

ו הַבִּיטוּ אֵלָיו וְנִהְרֹוּ וּפְנֵיהֶם אֵל־יִחַפְּרוּ:

6. [Those who] look to Him are enlightened and their faces are never darkened [humiliated].

ז זֶה עָנִי קָרָא וְד' שָׁמַע וּמִכָּל־צָרוֹתָיו הוֹשִׁיעֵו:

7. This poor man called and Adoniye heard; and from all his troubles, He delivered him.

ח חָנָה מִלְאֲדָד' סָבִיב לִירְאָיו וַיַּחַלְצֵם:

8. The angel of Adoniye encamps around those who fear Him and sets them free.

ט טַעֲמוּ וּרְאוּ כִּי-טוֹב ד' אֲשֶׁר־יִחָסֵר הַגֹּבֵר יַחְסֵה-בּוֹ:

9. Taste and see that Adoniye is good; fortunate is the man who takes refuge in Him.

י יִרְאוּ אֶת-ד' קְדָשָׁיו כִּי אֵין מַחְסוֹר לִירְאָיו:

10. Fear Adoniye, [you] His holy ones, for there is no deprivation for those who fear Him.

יא כְּפִירִים רָשׁוּ וְרָעֵבוּ וְדָרְשׁוּ ד' לֹא-יַחְסְרוּ כָּל-טוֹב:

11. Young lions feel want and hunger, but those who seek Adoniye will not lack any good thing.

יב לָכוּ-בָנִים שְׁמַעוּ-לִי יִרְאַת ד' אֶלְמַדְכֶם:

12. Come children, listen to me, fear of Adoniye will I teach you.

יג מִי-הָאִישׁ הַחֹפֵץ חַיִּים אֲהֵב יָמִים לִרְאוֹת טוֹב:

13. Who is the man who desires life, and loves days that he may see good?

יד נצר לשונך מרע ושפתך מדבר מרמה:

14. Guard your tongue from evil, and your lips from speaking deceitfully.

טו סור מרע ועשה טוב בקש שלום ורדפהו:

15. Turn from evil and do good, seek peace and pursue it.

טז עיניך אל צדיקים ואזניו אל שועתם:

16. The eyes of Adoniye are toward the righteous, and His ears [are open] to their cry.

יז פניך בעשי רע להכרית מארץ זכרם:

17. The face of Adoniye is set against evildoers to excise from earth, their memory.

יח צעקו וד' שמע ומכל צרותם הצילם:

18. They cry out and Adoniye hears and from all their troubles, He saves them.

יט קרוב ד' לנשברי לב ואת דכאי רוח יושיע:

19. Adoniye is close to the broken-hearted and those crushed in spirit, He delivers.

כ רבות רעות צדיק ומכלם יצילנו ד':

20. Many evils befall a righteous man, and from all of them, Adoniye saves him.

כא שִׁמְר כָּל-עֲצָמוֹתָיו אֶתְּ מֵהֵנָּה לֹא נִשְׁבְּרָה:

21. He preserves all his bones, not one of them is broken.

כב תְּמוֹתֵת רָשָׁע רָעָה וְשֹׂנְאֵי צַדִּיק יִאֲשָׁמוּ:

22. The cause of death of the wicked is evil; and the haters of the righteous are doomed.

כג פּוֹדֶה ד' נַפְשׁ עֲבָדָיו וְלֹא יִאֲשָׁמוּ כָל-הַחֹסִים בּוֹ:

23. Adoniye liberates the soul of His servants, and none are doomed who take refuge in Him.